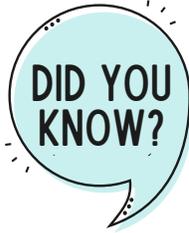


Spotlight On:

# TRANSGENDER DAY OF VISIBILITY



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Transgender Day of Visibility is honored each year on **March 31st**. On this day, we celebrate the bravery and authenticity of transgender and gender expansive people from all across the world, and we highlight the challenges many still face. Anthropologists have observed gender non-conformity in human populations throughout the world as far as 3,000 years into the past (Uruqart, 2019).

## Why do Trans students need more visibility?

Trans, nonbinary, and genderfluid students face many challenges in school, often more so than their LGB peers. According to a National School Climate Survey conducted by GLSEN (2019):



of students reported feeling unsafe at school because of their gender expression.



of students reported hearing negative remarks about their gender expression at school.



of students reported that teachers stepped in when overhearing negative remarks about gender expression.

### AS A RESULT,

these students were more likely to:

- miss school or drop out
- have lower GPAs
- not have plans to attend college
- experience depression



**READ THE FULL REPORT**

## How can I best support my students?

Supportive, affirming school policies and teaching practices can impact transgender and gender expansive students in positive ways. However, according to GLSEN, only "50.4% of teachers engaged in at least one LGBTQ-supportive practice" (2019). Here's how you can get started:

Use students' correct names and pronouns.

 GLSEN's Pronouns: A Resource

 [mypronouns.org](http://mypronouns.org)

 Pronouns: Little Words that Make a Big Difference

Include LGBTQ topics in your curriculum.

 Article: "Let's Talk: Discussing Gender in the Classroom"

 Research Brief: LGBTQ Supportive Teaching Practices

 Ready, Set, Respect! Resources for Elementary School

Advocate for LGBTQ inclusive policies.

 Equality Virginia: Advocating for Trans Students

 Article: "Being There for Nonbinary Youth"

 A Guide for Supporting Transgender Students in K-12 Schools

Sponsor an LGBTQ+ inclusive club.

 [gsanetwork.org](http://gsanetwork.org)

 Time Out Youth: GSA Support

Display visual signs of support for LGBTQ people.

 GLSEN Safe Space Kit



@equalityloco



@eqloco



equalityloudoun@



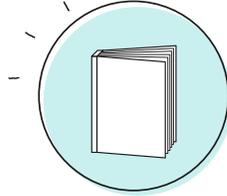
eqloco.com

Spotlight On:

# TRANSGENDER DAY OF VISIBILITY

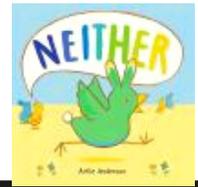
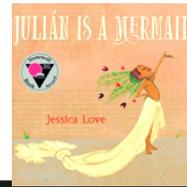
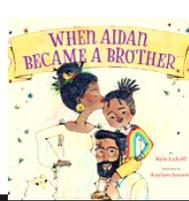


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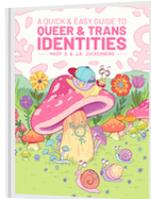
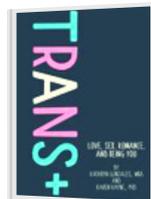
Check out these reading lists to share with your students and staff:

### ELEMENTARY



### MIDDLE

### HIGH



### INFORMATIONAL



Looking for more books? Head over to this amazing list from New York Public Library to find more.

Visit these local organizations for additional support:



### References:

GLSEN. (2019). "The 2019 National School Climate Survey Executive Summary." GLSEN. Retrieved from: [https://www.glsen.org/sites/default/files/2020-10/NSCS-2019-Executive-Summary-English\\_1.pdf](https://www.glsen.org/sites/default/files/2020-10/NSCS-2019-Executive-Summary-English_1.pdf)

Urquhart, I. (2019, October 14). "Exploring the history of gender expression." University of California Link. Retrieved from: [link.ucop.edu/2019/10/14/exploring-the-history-of-gender-expression/](http://link.ucop.edu/2019/10/14/exploring-the-history-of-gender-expression/)